



St. Mary Our Lady of the Seven Sorrows Roman Catholic Church

56 Duke Street West, Kitchener ON N2H 3W7

Under the Administration of The Congregation of the Resurrection
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Welcome to St. Mary's Parish!

No matter who you are or where you're from, we extend you a warm welcome and hope that you feel at home. For information on registration and to find out how you can get more involved with parish activities, please contact us at:

Phone: 519-576-3860

Email: stmarys@rogers.com

Website: www.stmarysrchurch.ca

Our Parish Team

Fr. Toby Collins, C.R. – Pastor
Fr. Joseph de Viveiros, C.R. – Assisting Priest
Penny Laurette – Administrative Assistant
Robert Tasse – Music Director
Tony D'Amato Stortz – Outreach Coordinator
Amy Cyr – Chef, Kitchen Project Manager
Andrew Olinski – Caretaker

Parish Office Hours

Monday to Thursday: 8:30 am - 4:30 pm
Friday: 8:30 am - 1:00 pm

Parish Outreach

Are you interested in getting involved? Do you have ideas about how we might better serve our neighbours? If so, please contact Tony at tonys.stmarys@gmail.com.

St. Vincent de Paul

For assistance with groceries and other needs call 226-988-5915 weekdays, from 10:00 am to 12:00 noon. For information on volunteering, please email Don McClure at don@teambilton.com.

Sunday Masses

Saturday: 5:00 pm
Sunday: 8:30 am and 11:00 am

Weekday Masses

Tuesday – Friday: 12:00 noon

Sacrament of Reconciliation

Thursdays: 11:30 – 11:50 am
Saturday: 4:00 – 4:30 pm
and by appointment

Eucharistic Adoration

Thursday after Mass until 1:00 pm

Baptism and Marriage

Please email the parish office for details.

Visits to the Sick

Please contact the parish office to arrange for Holy Communion and Sacrament of the Sick.

Tiny Home Takeout

Everyone deserves a great meal, free of charge. Visit us Tuesday – Saturday from 5 – 6:30 pm and 'grab a bite, give if you can'! Visit tinyhometakeout.com for more information.



MASS INTENTIONS
November 30 – December 5, 2021



Tuesday – St. Andrew

Romans 10.9-18 Matthew 4.18-22

12:00 pm For the Deceased Members of the Ballve & Julianelli Families

Wednesday – ferial

Isaiah 25.6-10a Matthew 15.29-37

12:00 pm †Sr. Anne Rektor, SSND

Thursday – ferial

Isaiah 26.1-6 Matthew 7.21, 24-27

11:30 am Confession until 11:50 am

12:00 pm For the Intentions of Lulu Regimbal & Family

12:30 pm Eucharistic Adoration until 1:00 pm

Friday – St. Francis Xavier

Isaiah 29.17-24 Matthew 9.27-31

12:00 pm †Zorica Markovic

Saturday – ferial

4:00 pm Confession until 4:30 pm

SECOND SUNDAY OF ADVENT

Baruch 5.1-9 Philippians 1.3-6, 8-11 Luke 3.1-6

5:00 pm ††Noreen & Stan Taras, ††Maria & Anton Offak, †Antranig Hayrabed, For the Intentions of Sylvia Keresztes

Sunday

8:30 am For the Holy Father

11:00 am For Our Parishioners

OFFERTORY – November 20/21, 2021

Sunday Offertory	\$2,085.00
Christmas Flower Fund	\$30.00
Building Fund	\$40.00
Furnace Fund	\$5,325.00

Thank you to all our Parishioners, Visitors and Benefactors for your generous support!

FROM SORROW TO JOY!

Every week we have a group of about 5 or 6 residents from A Better Tent City come to St. Mary's to use our washing machine and shower facilities. These residents are such a gift to the volunteers that provide them with hospitality because of their stories, smiles, and deep expressions of gratitude.

This past week was particularly difficult because it's getting colder and their on-site kitchen and common area is still being built in the middle of a field. But, as they warmed up and realized we had extra schnitzel dinners available from our parish fundraiser their faces lit up the room! The joy was palpable as they ate up everything on their plates and began to laugh with us all because of how addictive the Lindor chocolates were for dessert!

Written by: Fr. Toby Collins, C.R.

YOUR SUNDAY CHUCKLE!



A third grader was wearing a Fitbit watch, which prompted the teacher to ask, "Are you tracking your steps?" "No," said the little girl. "I wear this for Mommy so she can show Daddy when he gets home."

SUNDAY MISSALS

There are still 2022 liturgical year Missals available. They can be purchased for \$5 at the back of the church and through the parish office. **Lectors:** please be sure to pick up your complimentary copy to enable you to prepare your readings in advance.

2022 OFFERTORY ENVELOPES

Envelopes will be ready for pick up at the back of the church next weekend. They will be labelled and in alphabetical order. Please notify the parish office if there are any errors in your name and/or address so that we can correct them and keep our records in order. Anyone who does not have envelopes and wishes to, please complete a Parish Registration form and submit it to the office. **PLEASE DO NOT use these new envelopes until 2022 as the numbers will be different.** Any new envelopes received in 2021 will be held until January and the donation will not appear on your 2021 tax receipt. Thank you.

IN OUR AREA



The Catholic Community Foundation of Waterloo Region invites you to join in on a virtual event

- *Fundamentals for a*

Bright Future: Building Resilient Families on **Tuesday, November 30th from 7 – 8 pm.** This family-focused event will explore and define current mental and physical health challenges for people in all stages in life. Space is limited, please register today at <https://www.ccfowr.org/speaker-series>.

WHY@BREAKFAST

We are pleased to offer an online video presentation for your viewing anytime during Advent! **Sister Barbara Paleczny** will present "**St. Joseph: A Man Who Followed His Dreams.**" St. Joseph is well known for drawing on the wisdom of his dreams while carrying out his role as the earthly guardian of our Blessed Mother and our Christ Child. *No registration required!* Check out our website <https://whyatbreakfast.com> anytime during Advent! You are welcome to check out our links to past presentations on topics such as hope, healing, and receiving the Christ Child during difficult times too!

St. Agnes Church, Waterloo

43RD ADVENT NOVENA



In keeping with the tradition that has been celebrated for many years (though the time of day has changed), please join us at St. Agnes Parish,

beginning **Friday, December 3rd at 7 pm.** Invite a friend to join you in preparing for the beautiful season of CHRISTMAS. Help us spread the word! If you, or someone you know, could assist in music ministry, contact: Marg at 519-747-5937.

Note the Mass times for the rest of the week:

Saturday 9 am

Sunday – your own parish or 9 am or 11 am at St. Agnes

Monday, Tuesday, Wednesday: 9:00 am

Thursday, Friday: 7:00 pm

Saturday: 9:00 am

RESTART: SEPARATION & DIVORCE RECOVERY

Feeling the need for support, healing and/or hope after a separation or divorce? The Diocesan ReStart Programs support your journey, providing you with tools to remain healthy. While the program has not been able to run due to COVID restrictions, we will be offering an evening session by zoom on **Tuesday, December 14th.** Coping with Christmas When Divorced or Separated. To register for this event or see dates for future courses, please check the program information online at <https://hamiltondiocese.com/offices/family-ministry/divorce-separation.php>. For more information contact Teresa at the Family Ministry Office – 905-528-7988, ext. 2250.

HAMILTON DIOCESE SPEAKER SERIES

On March 19th we entered into the Amoris Laetitia Year of Family. Pope Francis, in calling this special year, reminded us that this is "a great opportunity for Catholics to renew their commitment to family ministry." **Beginning in January of 2022,** the Diocese will be organizing a speaker series with a new topic each month through until June. The presentations will be by zoom to allow for more involvement throughout the Diocese and to avoid any issues that COVID may cause for in person gatherings. We will start with a three part series on Amoris Laetitia in January. Check the Diocesan website for more information about both the year and the Diocesan Speaker Series at www.hamiltondiocese.com.

MARRIAGE TIP OF THE MONTH

One of the sad facts of life is that many people are struggling with feelings of loneliness. When it comes to marriage, you are not meant to feel lonely, since marriage is meant to be life-giving, joyful and shared partnership. If loneliness in your marriage is something you are experiencing it is time to talk about it with your spouse. Take action to change the feelings: plan to share on a more intimate level the "stuff" of life; spend time together engaging in some kind of regular activity; be specific about what you need so you will not feel lonely in your marriage. Alleviating loneliness is vital for your mental and emotional health and it will certainly help you to recapture the true joy and meaning of your married relationship.



Dr. Ivan Tucakov
FAMILY DENTISTRY

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Kitchener-60 Ontario St. N.
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